

Ascentis **Level 2 Award**

in

Developing Therapeutic Skills

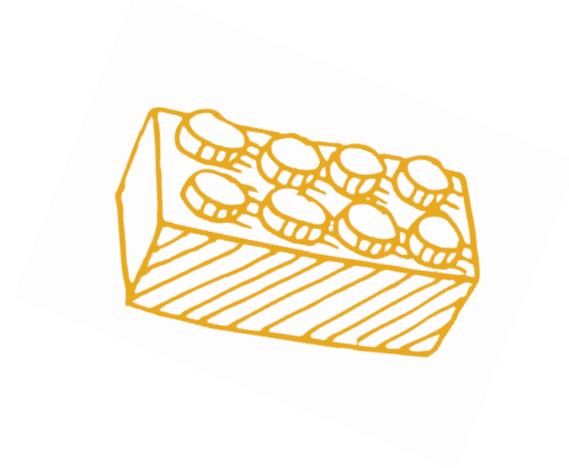
and

Level 3 Certificate

in

Applied Therapeutic Skills

Overview Specification



| | |
|-----------------------------------|--|
| Ofqual Numbers: | Level 2: 601/8326/3 Level 3: 601/7554/0 |
| Ofqual Start Date: | Level 2: 01/02/2016 Level 3: 01/09/2015 |
| Ofqual Review Date: | Level 2: 31/07/2023 Level 3: 31/07/2023 |
| Ofqual Certification Review Date: | Level 2: 31/07/2024 Level 3: 31/07/2024 |

Qualification Overview

The Ascentis Level 2 Award in Developing Therapeutic Skills is aimed at individuals who have little or no prior knowledge or experience of applying therapeutic skills, providing them with an understanding of personality, basic needs, the main therapeutic approaches and safe working practices.

The main purpose of the Ascentis Level 3 Certificate in Applied Therapeutic Skills is to support professional competence in supporting vulnerable children, young people and adults to bring about social, emotional and behavioural changes, so that they can maximise their individual potential.

Aims

The aims of the qualifications are to enable learners to increase their knowledge, deepen their understanding and further develop their skills in working with young people in relation to their emotional health and well-being.

Target Group

The Ascentis Level 2 Award in Developing Therapeutic Skills is aimed at individuals aged 19+ who have little or no prior knowledge or experience of applying therapeutic skills.

This qualification is designed to provide health, social care, education and youth work professionals with an introduction to therapeutic skills. Learners will understand the purpose of therapy and explore basic principles of therapeutic skills in order to further develop their skills in working with their clients in relation to their emotional health and well-being.

The Ascentis Level 3 Certificate in Applied Therapeutic Skills is suitable for individuals who work with vulnerable people and want to better understand psychotherapy and counselling relevant to the job role, but do not wish to train as therapeutic clinicians – for example, care workers, social workers, appropriate adults, foster carers and other professionals likely to come into contact with vulnerable people.

Regulation Codes

Ofqual Qualification Numbers:

- Ascentis Level 2 Award in Developing Therapeutic Skills: 601/8326/3
- Ascentis Level 3 Certificate in Applied Therapeutic Skills: 601/7554/0

Assessment Method

All units are internally assessed through the learner building up a portfolio of evidence that covers the relevant assessment criteria. They are internally assessed and verified by the centre and then externally verified by Ascentis.

Rule of Combination

Ascentis Level 2 Award in Developing Therapeutic Skills

Learners must achieve 6 credits from Mandatory Group A

Unit Group A (Mandatory)

| Title | Level | Credit Value | GLH | Unit ref |
|------------------------------------|---------|--------------|-----|------------|
| Introduction to Therapeutic Skills | Level 2 | 6 | 60 | Y/507/9565 |

Ascentis Level 3 Certificate in Applied Therapeutic Skills

Learners must achieve a total of 13 credits from the units below. They should take all mandatory units and may add an optional unit

Unit Group A (Mandatory)

| Title | Level | Credit Value | GLH | Unit ref |
|--|---------|--------------|-----|------------|
| Attachment Theory in Practice | Level 3 | 2 | 4 | T/507/7662 |
| Creating a Secure Therapeutic Alliance | Level 3 | 2 | 4 | F/507/7664 |
| Relational Listening Skills | Level 3 | 4 | 12 | H/507/7656 |
| Therapeutic Problem Solving Techniques | Level 3 | 3 | 8 | T/507/7659 |
| Understanding Shame | Level 3 | 2 | 4 | K/507/7660 |

Unit Group B (Optional)

| | | | | |
|--|---------|---|----|------------|
| Safeguarding in Health and Social Care | Level 3 | 2 | 20 | Y/507/7654 |
|--|---------|---|----|------------|

Guided Learning Hours (GLH)

The recommended guided learning hours for Level 2 Award in Developing Therapeutic Skills is 60

The recommended guided learning hours for Level 3 Certificate in Applied Therapeutic Skills is 130.

Total Qualification Time (TQT)

The total qualification time for Level 2 Award in Introduction Therapeutic Skills is 60.

The total qualification time for Level 3 Certificate in Applied Therapeutic Skills is 130.

Age Range of Qualification

The qualifications are suitable for learners aged 19+.

Contact & Further Information

New Centres please email hello@ascentis.co.uk or call **01524 845046**.

Existing Centres please visit the login area of our website, www.ascentis.co.uk, to view the full specification.

Product Development for enquiries please email development@ascentis.co.uk.